



Indigenous Foodways in Health

Seeing Through Two Eyes

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Overview

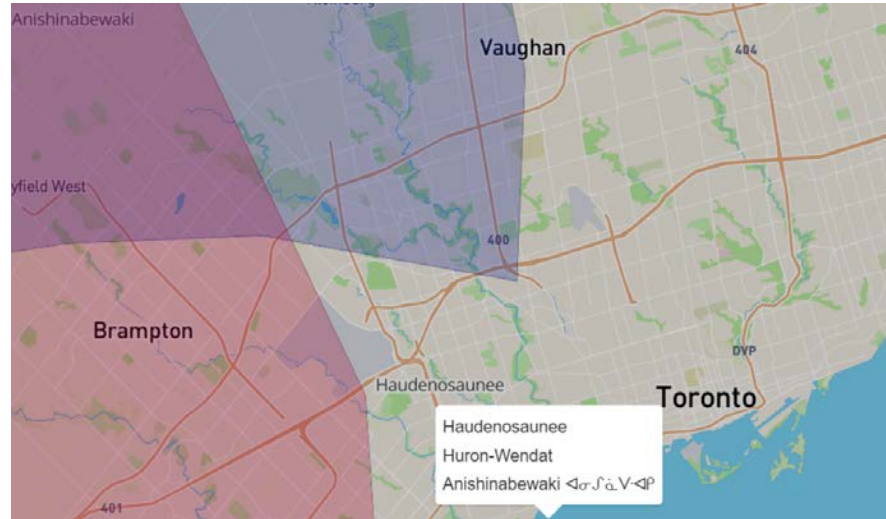
- Journey of the Nourish Traditional Food Project
- Reflection and Discussion
- Traditional Food Case Studies
- Reflection and Discussion



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Original Peoples of this Territory



<https://native-land.ca/>



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**What traditional foods
originated from the area that
you live/work on?**



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Two-Eyed



Seeing



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Truth and
Reconciliation
Commission of Canada



National Centre for
Truth and Reconciliation

UNIVERSITY OF MANITOBA



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TRC call to action No. 22

“We call upon those who can effect change within the Canadian health-care system to recognize the value of Aboriginal healing practices and use them in the treatment of Aboriginal patients in collaboration with Aboriginal healers and Elders where requested by Aboriginal patients.”

- 22/94

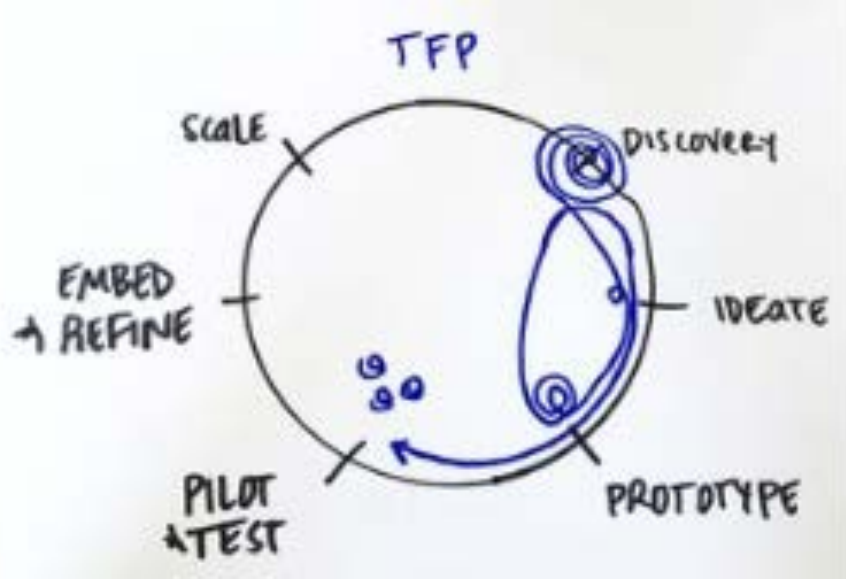
cbc.ca/unreserved



(CR)

Developing the collaborative project

Initial idea: Develop a Guidebook –
“How to Start a Traditional Food Program”



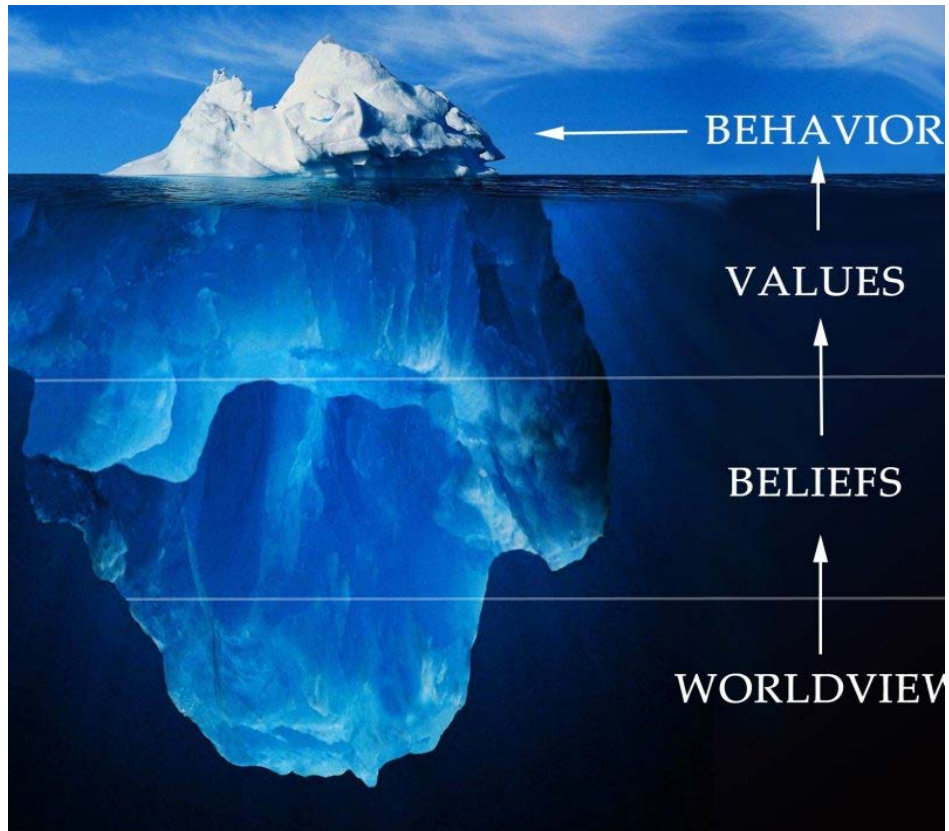
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Embracing a different direction



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Traditional Foods in Health Care

Access
*opportunity and
challenges
for traditional foods*

Problem Framing
*What is the scope of
the issue at hand?*

Love & Respect
*for culture, people, and
food*

**Indigenous
Institutions of
Knowledge**
*including cultural and
spiritual knowledge*

**Networks &
Partnerships**
*for affecting change
in the system*

Incentives & Rules
*that support or suppress
traditional foods
in health care*

Guidance
*from whom are you
seeking guidance?*

**Myths,
Misconceptions
& Stereotypes**
*about traditional foods
in health care*



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Valuing the Indigenous Worldview

- Sitting and spending time with Elders...is the work
- Suspending judgement...is the work
- Listening...is the work
- Being on the land...is the work
- Eating and sharing food...is the work
- Insights to share from the journey, speaking to the process...is the work
- The knowledge you grow...is the work
- Building relationships...is the work
- What else...?



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Movie





What stood out for you hearing this journey?

How can you use two-eyed seeing in your work?

What aspects of the 'deeper work' have you started or want to start?



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Case Studies



Williams Lake, British Columbia

Interior Health



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Saskatchewan Health Authority, skatoon



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City of Thunder Bay, Ontario



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Haida Gwaii, British Columbia

Northern Health



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Yukon Hospital Corporation Whitehorse, Yukon



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YUKON HOSPITALS

Serving Traditional Foods Together with Community Partners

Yukon Hospitals has collaborated with community partners for over 15 years to ensure Indigenous patients have access to traditional foods for culture, health and healing



FOOD SERVICES TEAM

The Food Services Team at Whitehorse General Hospital are responsible for the storage, production, and service of traditional meals for Yukon Hospitals' Indigenous patients. Food Services follows "Traditional Foods, Program Protocols & Procedures Manual" to ensure safe and quality meals are prepared and served.



WILD GAME

Moose, Caribou Elk, Bison and Deer are the most common wild game donated to Yukon Hospitals' Traditional Foods Program.

CONSERVATION OFFICER SERVICES

Determines designated hunting seasons and Yukon regions for hunting various wild game and issues hunting licenses and tags to qualified hunters according to the "Yukon Wild Life Act S.17(1)".



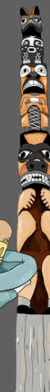
FIRST NATIONS HEALTH PROGRAM

Oversees Yukon Hospitals' Traditional Foods Program. The Cultural Programs Coordinator coordinates all traditional food procurement acquisition to service. First Nation Liaison staff visit all Indigenous patients and help them access traditional food to support their cultural needs and healing journey. First Nation Meals are sent to Yukon Hospitals' community sites, Wetson Lake Community Hospital and Dawson City Community Hospital.



LOCAL BUTCHERS

A "FHPP Quality Control Form Checklist" is completed by the butcher prior to sending the game to Yukon Hospitals' First Nations Health Program pays for butchering services.



ENVIRONMENTAL HEALTH SERVICES

Inspect food premises, provide education and enforcement of regulations to ensure all food, including meals containing wild game is safe. "Saving Inupiat Meat in Yukon, October 2012".



OUTFITTERS, RESIDENT & FIRST NATIONS HUNTERS

Outfitters obtain required permits to provide hunting services to visiting and local hunters in the Yukon. Resident hunters with a license and First Nations hunters who have subsistence rights to hunt, donate wild game to Yukon Hospitals' Traditional Foods Program. Hunters follow best practices/traditional methods to ensure wild game is handled safely by keeping it clean, dry and cool during harvesting and transportation. A "Hunter's Questionnaire" is completed by the hunters prior to sending the donated wild game to a local butcher.



Six Nations of the Grand River Ontario



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Sioux Lookout Meno Ya Win Health Center, Ontario



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How can you achieve
reconciliation personally and in
your work?

How can food be a pathway?



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